

Far West Division North,
Eastern Sierra, Mother Lode , and Northern Regions,
National Ski Patrol
Outdoor Emergency Care Program
A PARTICIPANT'S GUIDE TO THE SENIOR OEC PROGRAM

DEFINITION OF A SENIOR:

A senior patroller is a patroller who has successfully completed the national senior program of training and evaluation designed to expand and improve his/her knowledge and skills of patrolling.

SENIOR OEC PROGRAM MISSION STATEMENT:

The senior OEC component is a national education program that encourages members to participate in field relevant exercises to help them develop skills in decision making, problem management and leadership.

THREE ESSENTIAL COMPONENTS FOR EACH PARTICIPANT ARE:

- COMMITMENT** (make application)
- TRAINING** (practice & demo skills & scenarios)
- CLINIC/EVALUATION** (confirm training objectives)

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COMMITMENT

Upon deciding to participate in the OEC Portion of the Senior Program, obtain a **Ski Patroller's Manual** from your Patrol Director or through the National catalogue. Review all aspects of the program, then complete the application, obtain your Patrol Director's recommendation, and forward the application to the Region Administrator.

TRAINING

Designed to be conducted at the region, and/or patrol level under the direction of a OEC Instructor, each participant needs to do the following:

- Review basic skills (OEC and Basic Life Support CPR)
- Submit written answers to two open ended practice scenario problems selected from appendix G
- Create one new senior level training scenario
- Practice in training clinics (local training or region clinics) participating as a leader in a minimum of four practice scenarios
- Develop and demonstrate skills in *decision making, problem management and leadership* by *successfully* completing, as the leader, a minimum of 2 scenarios held on the snow, with a OEC Instructor who is a Senior Trainer/Evaluator providing training and feedback. The senior scoring criteria will be used throughout the training process. This will be done during on-the-hill Region clinics. Successful completion is to be documented on the training log by signatures of OEC Instructors.

CLINIC DAY

Senior OEC Candidates come together with instructors to complete the training program through a clinic. Candidates can approach the event as a training event or a final checkoff. If the Candidate successfully completes two scenarios as leader, they will have successfully completed the Senior OEC component. **Candidates wishing to complete the Senior OEC component must have all appropriate paperwork signed and delivered to the Regional OEC Administrator at the beginning of the clinic.**

Given the large number of volunteers it requires to put on large multiple clinics every season, each Senior OEC Candidate is requested to bring one victim and one Senior OEC Evaluator to the clinic.

Candidates will be working in randomly assigned groups of three. An instructor/evaluator will be provided to each group of candidates to act as their advocate for the day's activities. Candidates are encouraged to ask questions and obtain any clarification needed from their advocate during the day. The group advocate is part of *your* team. At the end of the day, opportunity will be provided for candidates to discuss the outcomes and critiques with all of the instructors/evaluators and advocates.

SENIOR OEC - CANDIDATE CHECKLIST

APPLICATION & MANUAL	Obtain the "Ski Patroller's Manual" and application from your Patrol Director or Region OEC Administrator at the beginning of the season.
SENIOR PROGRAM MANUAL	Read and review all program details in the manual.
MAKE APPLICATION	Complete the application, obtain Patrol Director's recommendation and submit to Region OEC Administrator.
REGISTER FOR EVALUATION	Verify times and location of local and regional training events and ensure all registration details are completed for participation in the Region Checkoff Clinic.
TRAINING	Complete practice scenarios in the snow at any local or regional training event.
OEC AND CPR SKILLS REVIEW	Review all OEC skills in accordance with the OEC skills performance guidelines and Basic Life Support CPR in accordance with current AHA standards.
WRITTEN SENIOR OEC SCENARIOS	Submit written answers to two open-ended practice scenario problems from the Manual and create one new senior level training scenario.
ON-THE-SNOW SCENARIOS	Satisfactorily complete as a leader, at least 6 senior practical scenarios on the snow.
ENSURE THAT ALL SKILLS & SCENARIOS ARE COMPLETED AND DOCUMENTED ON LOG	Provide to Regional OEC Administrator at the beginning of the Region Checkoff Clinic.
PREPARE FOR CLINIC	Bring skis, patrol belt, appropriate clothing, one victim and an OEC Senior Evaluator.
CLINIC DAY	Arrive on time and ready to go!

HAVE FUN AND GOOD LUCK!

NATIONAL SKI PATROL - SENIOR OEC PROGRAM

Training Log for Review of OEC Basic Skills and Scenario Demonstrations

Senior Candidate _____ Patrol _____

The following OEC and CPR skills have been demonstrated to me as a OEC Instructor and have been performed correctly, confidently and in accordance with the appropriate skill performance guidelines. *Note: An OEC instructor is required to observe the candidate's performance and testify to the satisfactory completion.*

Skill Reviewed	OEC Instructor Name & signature	Date Completed
Patient Assessment and Vital Signs		
Oxygen Administration, Airway Adjunct Use & Sectioning		
Bleeding Control & Bandaging		
Fracture Management Skills 1. Management near a joint 2. Alignment of angulated fractures 3. Open fracture management 4. Long bone management 5. Traction splinting		
Spinal Immobilization		
Lifting Techniques		
Medical Emergencies		
CPR - Professional Rescuer		

This Patroller has adequately demonstrated to me the skills of Decision Making, Problem Management and Leadership in at least on the snow OEC senior practical scenarios

Practical OEC Senior Scenario	OEC Instructor Name & Signature	Date Completed
Scenario 1, ID:		
Scenario 2, ID:		
Scenario 3, ID:		
Scenario 4, ID:		
Scenario 5, ID:		
Scenario 6, ID:		